

# MOSAIC

Coming together, we form an icon of God's Kingdom

Vol. 21 , No. 2

Holy Apostles Greek Orthodox Church 2501 S. Wolf Rd. Westchester, IL  
(708) 562-2744 www.holyapostleschurch.com

May 2016



Ellie Stamatopoulos, with her daughter Ellie, get to know one of the Community Center's patrons during their visit.

Photo by Niko Petrogeorge

## Serving Christ as we serve others

By Christine Dreschler

We traveled from our beloved Holy Apostles church, but came from different families, ages, and for different reasons. Despite our differences, this day brought us together & impacted us similarly. We came for camaraderie and to serve during Lent, as Jesus commands in Matthew 25:35 "for I was hungry and you gave Me food; I was thirsty and you gave Me drink." We returned with eyes opened to the harsh reality of homelessness and living without a job, home, or food. Some people seeking a meal in this Chicago Community Center looked like the stereotypical homeless person; but some looked more like us than we expected. More like 'us' than 'them.' It brings to mind the expression loosely based on 1 Corinthians 15:10 "There, but for the grace of God, go I". We left, feeling waves of gratitude for the mercy God has bestowed

on us. We left tired, yet energized - we felt good, and we felt bad. Who was really serving whom?

We were greeted by volunteers with stories that gave them every reason to be bitter, but instead they welcomed us with joy. Sammy, a 53 year old disabled volunteer, with the big broken-toothed grin, organizes food donations. He explained to us while working, "We must walk with FAITH! Not just with our minds, but with the direction God puts in our hearts." Or the female volunteer, needing a walker to move - smiling and clapping and literally dancing and singing at the top of her lungs upon our arrival - "We're glad you're here!" over and over, and hugging every passerby.

We washed dishes, broke down empty boxes, served dinner to the hungry line of people, and prepped the next day's breakfast.

...See **Serving Christ** on P. 2

From Father Nicholas



## Bestowing life to those in the tombs

This past year has been challenging. Many of our Holy Apostles Church family passed away. Our beloved spiritual father and pastor, Father Bill, founders, leaders and many parishioners passed to God's heavenly kingdom. Some people fear death. We comprehend its result but cannot grasp death's essence. When someone dies we say, "We have lost him." People call death an irrevocable end and definitive separation. This causes pain, tears, sadness and bewilderment.

Only Christianity speaks of the Lord's

...See **Fr. Nicholas** on P. 3

## See Serving Christ from P. 1 Serve and live our faith by action

These were the simple jobs – the more difficult task was to sit and be with the people. To sit without judging, striving instead to see Christ in each person. To communicate, by our presence: “You are a person made in Christ’s image. You are worthy. I am with you”.

As we were leaving, the staff was lining up grey cots between the dinner tables for men seeking shelter from the cold night. This was not on TV news; this was reality in full living color. These realities helped us see our many simple blessings clearly: a warm cozy bed, a home with a refrigerator we fill and eat from as we please, a loving family, a safe neighborhood. These things we take for granted in our American lives of excess. We left feeling unworthy. How can we possibly deserve so much? How do we show our gratitude to God for His great Mercy and be a good steward of all we’ve been blessed with?

The clear answer appeared as a common thread running through the conversations on the bus ride home, even among the children. Our conclusion was that we should do this more often - find ways to serve and live our faith by action. Let’s find needs in our community to partner with and build relationships. Let’s make the time! Would a casual observer know we are Christian by the way we live or serve others?

### Baptisms

*Alexander, son of  
Alyssa & Dr. Keith Guzaitis  
Sponsor: Francesca Calzante*

*Giovanni, son of  
Laura & Anthony McPherson  
Sponsor: Anthony Ruffolo*

*Houston, son of  
Patrese & Charles Smith  
Sponsor: Warner DeJulio*

### Weddings

*Christa Stathopoulos & Dylan Pigeon  
Sponsor: John Stathopoulos*

*Jennifer Campobasso & Jason Tondelli  
Sponsor: Daniel Tondelli*

*Angela Reda & Nicholas Plecas  
Sponsors: Nicole Stratton & Larry Reda*

*Amelia Yant & Nick Morone  
Sponsor: Daniella Ahlstrand*



# Gavel to Gavel



Minutes of the March 24 Council Meeting BY NICK KOUCHIS, SECRETARY

#### Present:

Fr. Nicholas Georgiou, George Alex, Peter Bell, George Chechopoulos, Spyro Demakis, Ted Dres, Terry Chiganos, Paul Kallis, Nick Kouchis, Alicia Magas, and Steven Savas.

#### Financial/Treasurer’s Report:

- + Peter Bell reported that for the month of February, the church had a net income of \$14,315.41, which was \$33,959.69 over budget.
- + For the period ending in February, there was a net income of \$89,557.54, which was \$70,992.57 over budget. Paul Kallis moved to approve the report pending the year-end audit. The motion was passed unanimously.

#### Stewardship Report:

- + George Chechopoulos reviewed the Stewardship Report for February. Number of pledges to date for 2016 is 462, which is 33 less than this period last year.
- + Total amount pledged to date for 2016 is \$522,409, which is \$5,398 less than the same period last year.
- + The average pledge of \$1130.76 is \$44.28 more than this period last year. The median pledge for 2016 is \$600.
- + The percent paid to date is 60%, which is 1% more than last year.

#### Correspondence:

- + A thank you card was received from Pres. Katherine Baker & family for our gift in memorial for Fr. Matthew Baker.
- + A thank you letter was received from Constantine Triantafilou, CEO of IOCC for our Souper Bowl donation of \$1,780.
- + The Greek American Rehabilitation & Care Center in Wheeling, announces its 3rd Annual Dinner Show on Friday, May 13 at Chateau Ritz Banquets in Niles.
- + Hellenic College & Holy Cross Greek Orthodox School of Divinity requested a Lenten gift which will be raised on Holy Friday through a collection tray.
- + Metropolitan Nikitas requested a Pascha gift for the Patriarch Athenagoras Orthodox Institute. Nick Kouchis made a motion to give the same amount that was given in 2015. The motion passed unanimously.

#### Meditation:

- + Father Nicholas presented a discussion on the icon of the Evangelismos tis Theotokou. The icon depicts the good news of the Annunciation of the Virgin

Mary by the Archangel Gabriel for the Son of God becoming incarnate within Mary. This day of celebration also coincides with the celebration of Greek Independence Day.

#### Building & Grounds & Technical

- + George Alex said the remodel/update for the Sunday School office and Youth Director office will be completed the first week of May.
- + Steve Savas presented the recommendation from the janitorial committee to try a new cleaning service, Image One Services, for additional church cleanings to take place twice a week for three months at a cost not to exceed \$3300. Alicia Magas made a motion to start a three month trial with Image One. The motion with a majority.

#### Ways and Means:

- + Alicia Magas reviewed the Macaronatha Luncheon. Nearly 300 parishioners attended. A donation of \$3,750 was collected for the OCMC missions.
- + The 57th Annual Golf Outing will take place on Monday, July 11 at Seven Bridges Golf Course in Woodridge. The registration forms and sponsorship forms will be available with the same prices as last year.
- + The annual parish picnic will take place on Sunday, July 24 after Divine Liturgy at Holy Apostles Church.
- + The Executive Committee will be scheduling meetings with the committee chairpersons for planning and guidance for the remainder of the year.

#### Old Business:

- + The Council will plan to host the fellowship hour after church on May 15 in appreciation of the volunteers at Holy Apostles Church.
- + Donations of \$5,070 were collected in support of the St. Nicholas Shrine Building Fund. The Council will present a total donation for \$10,000 to support our commitment to reconstruct the St. Nicholas Shrine.

#### New Business:

- + Nick Kirkeles requested a committee be formed for the purpose of planning the classroom remodeling. The building and grounds committee will convene a meeting with the interested groups to begin the planning.

**Windex and Duct Tape: The solution to most of life’s problems!**

Fr. Nicholas from P. 1

## Death is not an end, but a transition, a journey to another life

Resurrection. Our Church speaks of glory after death. It speaks of blessedness and repose. If we do not believe that death leads to true life, the more love we have for the departed, the greater the trauma of parting. When we remember their voice, touch and personal interaction, the pain of parting increases and we ask many questions.

Death affects all of us. It cannot be stopped by science, knowledge, technology or worldly power. However, we Christians celebrate death. We are reminded: "For he who has died has been freed from sin. Now if we died with Christ, we believe that we shall also live with Him, knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him." (Romans 6)

Unfortunately, many of us live fearing death. We are so accustomed to viewing death as an enemy that we forget death is actually our friend. Through death, God opens Heaven's door to us.

The awe-inspiring icon of Christ's Resurrection shows the Risen Lord bringing Adam and Eve and all of the Old Testament Saints out of Hades' darkness. Many people try to keep the Risen Christ in the tomb. His Resurrection is the biggest challenge to their belief. Some people do not attend the midnight Resurrection Liturgy because they have lost a loved one. This is the very service they should attend. We all affirm the truth for our departed loved ones: "Christ is Risen from the dead, trampling down death, and bestowing life to those in the tombs." It is an affirmation that our departed loved ones are alive with Christ!

The Orthodox Church is called the Church of the Resurrection. Its life and theology is based in victory over death and death being trampled. We sing "Christ is Risen" many, many times, emphasizing life to those in the tombs.

We, the living, are also on a journey. It is not the journey we will experience at the end of our earthly lives but a journey to newness of life - today! After struggling through Lent, we have arrived at our destination - the Resurrection of our Lord and Savior Jesus Christ!

The Anastasi is much more than a yearly commemoration of a past event. We sing during the Paschal Divine Liturgy: "today are all things filled with light, heaven and earth and places under the earth." Later, we sing about the "death of Death, the annihilation of Hell

## Philoptochos Happenings for Spring

Thank you to the many individuals who contributed toward our philanthropic endeavors during the Lenten and Paschal seasons. Some give of their time and are dedicated to serving others, some give generously to financially support our work, some bake and assist with our bake sale fundraising efforts as well as our hosting of various church events.

Whatever you have contributed towards Philoptochos, it is always appreciated and it is used to fulfill our Orthodox Christian mission. We would not be able to reach out and assist those that need our help without your continued support.

### May 10- Annual Feed the Hungry Service Commitment

Each year Holy Apostles Philoptochos takes a turn at preparing and serving a meal for the homeless at the Annunciation Cathedral. If you would like to assist with this philanthropic cause or would like to make a monetary donation for supplies, contact Anne Theophilos at 630.230.0579.

### May 17- General Meeting

The meeting will begin at 7:00 pm. Dr.

and the beginning of new and everlasting life." The new life, which shone forth from the Lord's Tomb over 2,000 years ago, has been given to us! It has been given to all of us who believe in Christ at our time of baptism. As we read in St. Paul's letter to the Romans: "we were buried with Christ into death, that just as Christ was raised from the dead even so we may also may walk in newness of life." (Romans 6:4)

Sometimes we lose our way and allow life's distractions to overtake this new life in Christ. St. Paul reminds us: "Since by man came death, by Man also came the resurrection of the dead. For as in Adam all die, even so in Christ all shall be made alive." (1 Corinthians 15:21-22)

At the Anastasi, we celebrate Christ's Resurrection that happened and still happens to us. If one listens carefully to the words of the hymns of the Church, we hear the word: today. Today it happens - not 2,000 years ago. This gift of new life can radically alter our attitude towards everything in this world. We can joyfully declare: "Death is no more!" Our earthly death is still there - we will all have to face that someday. But, by the Lord's death and resurrection, a passage into the Kingdom of God has been opened to us.

He transforms a tragedy into an ultimate victory - "trampling down death by death". His Anastasi changes our finite life to infinite life with Him. The Lord makes us partakers

John Panopoulos DC, will join us to talk about Health and Wellness. Please RSVP with Aleka Ernst at alekaernst@aol.com or 630.561.1660.

### May 24- Koukla's Kafenio

The Kafenio will be opened at 12:00 for an afternoon of food, fun and parea with friends. Please RSVP with Bess Shizas at 630.834.2186.

### June 21- Feed My Starving Children

We have a group going to the Aurora location to hand-pack specially formulated meals. Contact Emily Rehn at 630.369.9365.

### June 29- Holy Apostles Feast Day Vespers

There will be a reception following the Service. And, volunteers are needed to help set up and assist with serving after the service. Donations of Greek pastry or other baked goods are also needed. If you would like to help or contribute to the reception, contact Emily Rehn at 630.369.9365.

### October 22 - The Art of Fashion

Please mark your calendars for our Annual Luncheon and Fashion Show. For more info contact Chairwoman Antella Thiakos at 312.446.4853.

of His Resurrection.

In St. John Chrysostom's Paschal homily, he asks: "Oh death, where is your sting?" We are reminded in the Vespers of Pascha: "Today Hades groans and cries aloud: "My dominion has been swallowed up; the Shepherd has been crucified and He has raised Adam. I am deprived of those whom I once ruled; in my strength I devoured them, but now I have cast them forth. He who was crucified has emptied the tombs, the power of death has no more strength."

At every Pascha, the door to the new life in the Lord's Kingdom is open to all of us. We see a visual reminder of this in the church. Following the Anastasi, the Royal Gate remains open. This is a visible sign of the Kingdom of God and newness of life that is opened to all of us.

Even though we sometimes lose and forget about this new life, the Anastasi is our return to that newness of life that the Lord gave us at our baptism. It is a recovery and rediscovery of a new life in the Lord.

Some of us run through Christ's Resurrection season so quickly. We forget what we have learned from the empty tomb. Christ is alive! His triumph over death has given all of us, even the hopeless and helpless, a hope, joy and reason not to fear death! Christ is Risen from the dead, trampling down death, and bestowing life to those in the tombs!

Keeping the Church's doors open each day is a group effort.

Do your part to keep the doors open by fulfilling your stewardship pledge.



# War and Peace in Korea

By Perry Hamalis

Among the most distinctive features of life in Seoul, South Korea is the ongoing mix of social progress and economic development, on the one hand, with the threat of war and hyper-militarization, on the other. For our family, this tension became even more real during a recent visit to the DMZ, the Demilitarized Zone, border that has divided North and South Korea since 1953 and that former President Bill Clinton once described as “the scariest place on earth.”

The DMZ is, itself, a curious blend; tour buses, gift shops, and photo ops stand alongside the acute awareness of thousands of lost lives and real soldiers from both sides poised and armed for battle. We’re glad we experienced it, and grateful that we could do so with our cousin, Anthony Vandarakis, during his visit in early April. The DMZ, however, is also a harsh reminder of the divisions that separate families, turn neighbors into enemies, and violently take so many precious lives. If there was no sin, there would be no wars; if the world was not fallen, there would be no need for men and women to enlist and serve in these physically and spiritually dangerous roles.

The law in Korea requires all men to complete a minimum of 21 months of military service before the age of 30. Women are allowed to enlist, but not obligated. Because of age-based hierarchies that remain in Korean culture from the influence of Confucianism, most young men will enter the military when they are 19 or 20 instead of waiting until they are older, when their military superiors might be younger than them. They typically taking a two-year leave in the middle of their university studies.

Each time a young man from the Orthodox community prepares to depart for military duty, the faithful gather in church to pray a special service for the soldier’s well-being and protection. It is an emotional event, a kind of rite of passage, and it communicates the love of the Church for her members.

While there is nothing beautiful or good about war itself, the extreme situations that soldiers face present opportunities for them to respond in beautiful and good ways to the horrors they face. Within the Orthodox community of Korea, there are many such stories of Orthodox Christian heroism, one of which relates to the Easter season we are now celebrating.

In 1951, during the Korean War, Seoul had been retaken from the North Korean communist forces. US Air Force Staff Sergeant Jack Kudla, an Orthodox Christian



Above, Michael and Gia Hamalis at the DMZ. Below, Metropolitan Ambrosios blesses a young man before he begins military service. Right, the war-rescued epitaphios.



from Rankin, PA, was patrolling the streets of a city in ruins when he noticed an Orthodox-style cross on the top of a building wall that remained standing. Kudla, a former altar boy, headed into the burned out church and saw damaged icons and other holy objects among the debris. Then, a familiar wooden container caught his eye. He uncovered it and found in it an undamaged and stunningly beautiful epitaphios, the large embroidered cloth icon of Christ’s body, which we venerate and carry through the Church on Good Friday. Kudla realized that the church had been abandoned, so he removed the epitaphios from its case and took it to show his commanding officer. The commanding officer approved of Kudla’s decision to protect the holy icon from desecration and Kudla mailed the treasure to his home parish for safe keeping.

The epitaphios was an extraordinary work of art, handmade and embroidered in a Russian monastery in 1874 and brought to Korea by the first missionaries. It weighs over 15 pounds!

After using the rescued epitaphios for a few years during Good Friday services, the parish in Pennsylvania put it in storage and occasionally tried to determine if there were any Orthodox Christians left in Korea. Nothing changed for 45 years. Then, through God’s grace and with the help of the internet, the

**Photos  
by  
Perry  
Hamalis**

story took a dramatic turn. A Serbian Orthodox US Army Captain, Rade Radovich, was stationed in Korea and remembered hearing from a retired brother priest about an epitaphios that had been saved during the Korean War and brought to a parish he once served in Rankin, PA. Captain Radovich shared this with the Orthodox he met in Seoul. Through posts on Orthodox websites, emails, and international collaboration, the holy icon of Christ was located and brought back to Seoul in 1997, just in time for Holy Week Services. Former Metropolitan of Korea Soterios and several of the Korean faithful met the Orthodox delegation from the U.S. at the airport to receive the holy icon with reverence and prayers. As they processed into St. Nicholas Cathedral, they chanted the Lamentations hymns. Many of the elderly Korean Orthodox remembered the epitaphios from their childhood before the Korean War and burst into tears when they saw it again. Glory be to God!



# Holy Apostles put three squads on the court this year

At left, Holy Apostles high schoolers compete. Below, the new Biddy team poses for a team photo.

It was a successful season for our three teams this year. For the first time, we had three teams competing in the GOAL (Greek Orthodox Athletic League) Basketball league against other churches in our Metropolis.

Our newest team, Biddy (grades 5-6), which was coached by Nick Kirkeles, Jim Nicholas and John Spagoletti, had a late start forming a team, but we had almost a full roster with 14 players.

The players brought a lot of talent to the team and new friendships were made with teammates and parents. Our middle school team, led by Joe Athanas, had a number of returning players who took their past experience of playing together and coming on strong late in the season.

Our high school team, led by Chris Fotopoulos, Phil Chiganos and John Kyanka, had the least amount of players, but held their own on the court with nine players.

At the end of the season, we got all three

teams together to celebrate the season, share a slideshow of pictures and videos and to thank our coaches for their commitment to their teams and to our church.

There are girls teams on all levels, but the Biddy team is mixed with boys and girls in 5th and 6th grade.

There's also a men's league for men 18+. Practices will start in September and go through February. League games start in December, with a kick-off tournament on Thanksgiving weekend.



If you're interested in playing for Holy Apostles next season, please send an email to Aleka Ernst at [alekaernst@aol.com](mailto:alekaernst@aol.com).

## Greek School students celebrate Greek Independence Day



The Greek School commemorated Greek Independence Day during its program March 17. The sixth graders performed their play entitled *The Heroes of 1821*.

At left, the sixth graders perform a Hasapikos dance directed by dance instructor Susan Downs.

Below, The third graders present *The Annunciation of the Theotokos* in Greek.

*Photos by Patty Pappas*





# Celebration of Books

Rev. Dr. George Dokas spoke about the importance of frequent communion. This year marked the 33rd anniversary for this parish tradition.



At Sunday night's presentation, Vanessa Clohessy, right, talks about Orthodoxy with one of the attendees.



Above from left: Barbara Pappas, Bishop Demetrios, Metropolitan Iakovos, Dr. Lewis J. Patsavos, and Fr. Nicholas at Sunday night's presentation. At right, Dr. Lewis J. Patsavos lectured about *The Holy Canons: Punitive, Judgmental or Liberating?*



Fr. Nicholas congratulates Oratorical Festival winners Chloe Forero, left, for her first place junior essay, and Grace Govostis for her first place senior oratory. Congratulations to all the participants. They will now compete at the Metropolis level.

## Kids can dive deep this summer

This year's theme for Vacation Bible School is *Deep Sea Discovery*. The program will be from June 13-17.

Sign up by visiting the following link: <http://www.planetreg.com/E41020402197625>.

## Still time to be a Junior Olympian

If you are from ages 8-18 (HS Senior), please join our team and participate in the many sporting events at the Jr. Olympics this year! The dates are Friday, May 27-29. To register by May 8, or for more information, please contact Aleka Ernst at (630) 561-1660 or [alekaernst@aol.com](mailto:alekaernst@aol.com). You can also take advantage of two college scholarships offered this year for Jr. Olympics participants, past and present.

Holy Apostles Greek Orthodox Church **May 2016** 2501 S. Wolf Rd. Westchester, Illinois

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PASCHA</b> 10:00m Agape Service	<b>FEAST DAY OF ST. GEORGE</b> 8:00am Orthros 9:00am Divine Liturgy	4:30pm Greek School 5:00pm PTO Meeting 6:30pm GOYA Bright Week Dinner 7:00pm Missions Meeting	1:00pm Adult Christian Fellowship & Bible Study	4:30pm Greek School	4:30pm Adventure Theater	
<b>SUNDAY OF ST. THOMAS</b> <b>MOTHERS DAY</b> 8:15am Orthros 9:30am Divine Liturgy Children In The Loft Fellowship Hour	<b>2</b>	<b>PHILOTOCHOS</b> <b>FEED THE HUNGRY EVENT</b> 10:00am TOTS End Of Year Party 4:30pm Greek School 7:00pm Philoptochos Board Meeting 7:30pm Apollo Dance Troupe Rehearsal	1:00pm Adult Christian Fellowship & Bible Study 5:15pm The Way 7:00pm Fashion Show Meeting 7:00pm Sunday School Meeting	<b>4</b>	<b>5</b>	<b>6</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
8:15am Orthros 9:30am Divine Liturgy Fellowship Hour	<b>16</b>	4:30pm Greek School Last Day 7:00pm Philoptochos General Mtg.	1:00pm Adult Christian Fellowship & Bible Study 7:00pm Choir Federation Rehearsal	6:00pm Greek School Graduation	4:30pm Adventure Theater	<b>ADVENTURE THEATER LOCK-IN</b> 8:00pm 5K Family Run/Walk 11:00am Pre-Marital Seminar
<b>15</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>FEAST DAY OF SIS.</b> <b>CONSTANTINE &amp; HELEN</b> 8:00am Orthros 9:00am Divine Liturgy
8:15am Orthros 9:30am Divine Liturgy Fellowship Hour	<b>23</b>	12:00pm Koukla's Karfenio	1:00pm Adult Christian Fellowship & Bible Study	<b>26</b>	<b>27</b>	<b>28</b>
<b>22</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>JR. OLYMPICS</b> <b>AT SIS CONSTANTINE &amp; HELEN</b>
<b>JR. OLYMPICS</b> <b>AT SIS CONSTANTINE &amp; HELEN</b> 8:15am Orthros 9:30am Divine Liturgy Fellowship Hour	<b>29</b>	<b>30</b>	<i>Blessed is the mother</i> who knows a kind act will be remembered longer than an easy word, whose Bible never needs dusting, who really believes that prayer changes things, and who can maintain an inner calm amid outer turmoil.			

## Memorials

*Marlene Ladas  
Athanasios Paleologos  
John Gramas  
Patricia Moody  
Irene Tuntas  
Estelle Golemis  
Thomas Kotsakis  
Mary Andritsis  
Harry Andritsis  
Donald Busch  
Peter Rantis  
Helen Bobis  
Peter Bobis*

## Funerals

*Thomas Kastran  
Peter Rantis*

## Mosaic Deadline

The deadline for the June / July Mosaic is Tuesday, May 10.

## 5K Family Run & Walk

Runners, joggers, fast and even slow walkers of all ages, mark your calendars and join us at the Holy Apostles 5K Family Run and Walk! This year's event takes place on Saturday, May 14 at 8:30 am. The course begins and ends at the church. The divisions are: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over, and male and female. Ribbons will be awarded to the fastest finishers in each division. The entry fees of \$20/person or \$50/immediate family include a t-shirt, healthy snacks; water; and a gift bag for each participant. Registration is available at the church office, on the website [www.holyapostleschurch.com](http://www.holyapostleschurch.com) or on-site beginning at 7:30 am on race day.

All proceeds go to the Philoxenia House in Rochester, MN. In the past, we have raised over \$63,000 for this very worthy cause! Previously, the two houses provided free accommodations to Orthodox individuals and their families traveling to Mayo Clinic for medical treatment. Now, Philoxenia House is extending its services to people of all faiths. Plus, the ministry is in the process of constructing a complex to include an apartment-type building to accommodate even more people in need.

This event gives us an opportunity to walk together and raise money for our brothers and sisters who are less fortunate. Whether you are a fast sprinter or slow walker, please join us that day! Even if you cannot participate, please consider financially supporting this wonderful ministry by writing a check to: Holy Apostles GOYA with 5K written in the memo.

Postmaster: Please deliver by the 3rd of May

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